

Month- November 2010 Class: Preschool Play-N-Learn Session #1 Tue/Thur 10:15 – 12:15 Session #2 Mon/Wed 9:15 – 11:15

# What to expect this month

**Songs of the month:** We are going to begin working on our Christmas program this month. Our program will take place the beginning of December. Other songs of the month will be *I'm a little turkey* and *Who stole the cookie from the cookie jar.* 

### Week # 9 November 1<sup>th</sup> – 5<sup>th</sup>

Show & Tell on Wednesday- Bring Anything

Theme: My Family

Review A - F

Letter Gg

This week is all about our Family. We are going to make a family graph to see who has the most people living with them. This will help to establish one-to-one correspondence. We are going to talk about what roles each family member may have in a home. We will also be making a sound picture chart. We will talk about who lives in our house and write the first letter that they start within our chart.

### Week # 10 November 8<sup>th</sup> – 12<sup>th</sup>

Show & Tell on Wednesday -Bring Anything

Theme: Name Game

### ${}^{*}$ There will be no classes Wednesday 10 ${}^{\rm th}$

This week is all about our names. We use them in so many different ways. We are going to practice writing the letters in our names. We are going to find our names hidden around the room. We are going to make a bedroom door sign with our name on it. I will be sending home a printout of a Turkey for you to decorate with your child anyway you see fit. You can use noodles, crayons cheerios – We will hang them in our room.

Week # 11 November  $15^{th} - 19^{th}$ Show & Tell on Wednesday -Bring AnythingTheme: American IndiansLetter Hh

We are going to talk about American Indians this week. We are going to talk about what we live in vs TP. We will learn that Indians lived in TP's because they needed homes that they could pick up and move as they followed the buffalo. We are going to collect sticks and make a replica of a T.P. We will also make a beaded necklace this week.

Week # 12 November 22 <sup>nd</sup> – 26 <sup>th</sup>	Show & Tell on Wednesday -Bring Anything
Theme: Thanksgiving placemat	Review Letters A-H

This week is thanksgiving week and we will be making placemats. These will become great keepsakes for you as we will have them laminated. We will be playing a memory match game with the ABC abc. We are going to continue working on recognizing our letters in our names as well. We will also be making a Feather hat with feathers that we have decorated.



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# Continued: What to expect this month

Week # 13 November 29th – December 3<sup>rd</sup>

Show & Tell on Wednesday -Bring Anything

Theme: Christmas Lights Letter li

Thanksgiving has come and gone and now it is time to prepare for Christmas. Families all over are decorating their home both inside and outside for the Holidays. We are going to talk about Christmas lights. We are going to talk about places we can find them, the colors they can come in and what they do. We will be making our own Christmas lights for crafts. Our letter of the week will be the Letter Ii. We are going to make an ice cream smoothie this week with fresh fruit.

#### Important Dates

 There is <u>no class</u> Wednesday 10<sup>th</sup> and Thursday 11<sup>th</sup> for Norwalk School Conferences

### **Birthday Chart**



Cash Goche 13<sup>th</sup>



2601 Border Street, Norwalk, Iowa 50211 (515) 306-8722 (call my cell if you get lost)

### Look A-Head to Next Month - Kid Free Saturday Childcare Saturday Dec 11<sup>th</sup>

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Once a year I open my home on a Saturday from 8:00 A.M – 1:00 P.M. for children of all ages so parents can go Christmas Shopping or wrap presents. While you are out, we will work on Christmas crafts, play games and watch a Christmas movie! Snack and lunch will be provided. The cost is \$15 for 1 child or

\$30 for 2 and \$40 for 3



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**Songs of the month** ( we will be learning our Christmas Songs too)

# Who Stole the Cookie from the Cookie Jar?



**Children's Song** To start this song, the group picks the first person to be "It"...

Group sings: Who stole the cookie from the cookie jar? [Name of first person who is "It"] stole the cookies from the cookie jar. First person who is "It" sings: Who me? Group sings: Yeah you! First person who is "It" sings: Couldn't be! Group sings: Then who? First person who is "It" sings: [Name of second person who is "It"] stole the cookie from the cookie jar. Second person who it "It" sings: Who me? Group sings: Yeah you! Second persons who is "It" sings: Couldn't be! Group sings: Then who?

### Second person who is "It" sings:

[Name of third person who is "It"] stole the cookie from the cookie jar Continue until each child has had a turn being "it"



<u>I'm A Little Turkey</u>

I'm a little turkey, My name is Ted. Here are my feathers Here is my head Gobble, gobble, gobble, Is what I say,



Quick! Run! It's Thanksgiving Day!



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November Marks the beginning of a crazy season! First we have Thanksgiving followed by Christmas and New Years. Some families have a number of places to visit, which can make for a lot of time in the car. I have attached some ideas for those families that do need to travel over this Holiday Season.



## **Car Travel Games for Toddlers**

(and Preschoolers)

by Laurel Smith (Road Trip Mom) http://www.momsminivan.com/toddlers.html

#### Surprise packages

Prepare ahead with paper bags of items to be given out every 25, 50 or 75 miles -- marked on a map with the location, it takes a little bit of preparation to do this but it REALLY helps young children. In each bag put a wrapped item -- usually a small toy. Then in some of the surprise packages you can add juice or a snack, stickers and a piece of paper, or something pertaining to the trip that you can talk about.

#### Travel Tickets

Use some colored construction paper to cut out some "tickets" for your trip. Give your child a pre-counted baggie full of tickets. Every half hour (or every 30 miles) they can turn in one ticket to you. When their tickets are gone, the trip has ended! This really helps young children get an idea of how much time is left on the journey.

#### Drawing boards

Such as Magna doodle, Etcha Sketch, and small white boards with dry erase markers. These are great and very popular with toddlers and moms!

#### Make a mini car racetrack

Use with little Matchbox type cars. Take a shoe box, draw on a racetrack before you leave, or have the child draw one on when you are driving and you have a racetrack and holder.

#### Cookie Sheet Magnet Board

Use an old cookie sheet and a collection of magnets such as ABC magnets. Older children might like to use it as a tray for snacks or for playing cards or other games.

#### •Use plenty of zip lock bags for everything

Use them to store small parts of games, toys, for clothes, food, individual snack packs, wipes, and for storing dirty diapers when you can't find a trash can at the rest stop.

•Keep a box of baby wipes or travel wipes in the car -- helps with everything. If you don't have room for a whole box, put some in a quart sized zip lock baggie!

•If possible, put toddlers in a Pull-up if they haven't been toilet trained for at least a year. It makes cleaning up accidents so much easier if you can't pull over to find a bathroom in time!

#### Bring a Travel Potty in the car

For those toddler emergencies when you can't find a clean bathroom anywhere! ALSO - You can line the



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bottom of a little potty with a disposable diaper so that nothing spills out -- especially helpful if you aren't able to rinse it out.

#### •Use a plastic "toy leash"

Keep stuff within reach with a child-safe plastic leash. Attach one end to car seat strap, the other to cup handle or favorite toy. Your child can retrieve what he drops without you having to hunt for it in the back seat (while you are trying to drive!). Here's an example of one called a <u>Bottle</u> <u>Bungee</u> which can also be used on toys.

• Pack a handy change of clothes for mom and the children that is easily accessible in the car..



#### Bring pillows and blankets for comfort.

•Lay towels or old sheets on the seats to keep the car clean. Makes it easy to dump out all those crumbs that seem to get everywhere during a car trip!

•Bring sleeping bags. For some kids these can be like a "home away from home" to make them feel comfortable when sleeping in unfamiliar surroundings. Or try a Toddler Travel Bed to make them cozy at your destination.

•Leave really early in the morning. Traffic is light, kids are sleepy and you can usually drive several hours without stopping. Make your stop for breakfast your first stop.

#### Pack your car the night before

I have a whole article about this lovely tip!

•Make at least one stop last an hour or two right before bedtime if you are traveling late into the night. Let the kids run around outside and wear themselves out so they will sleep and you can keep driving.

•Keep an emergency first aid kit in your luggage. Include cold medicine and pain reliever just in case.

#### • Tips for moms traveling alone with children:

Only stop to go the bathroom at busy gas stations or restaurants where there are lots of people. LOCK your doors and take all of your children with you when you go to the bathroom or pay for gas. Stop for gas at stations where you can pay via credit card at the pump. Park in full view of the attendant.

#### Hotel Tips:

Equipment: booster seat with a tray, flattens, goes entirely into dishwasher for cleaning, straps to any straight backed chair for hotel room feeding.

Toys for the hotel: keep it simple: take a book, a stuffed animal and a set of stacking cups (doubles as a bath toy). Use a white noise machine when staying in hotels to drown out the outside noise and keep your kids sleeping. I have one that makes nature sounds like rain and waterfalls. It works great for grownups, too. Stay in a Hotel that serves breakfast and leave early.